

Steppin' off the Page

Script approved by

Peter Metelnick

And They Danced



STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 - 2 & 3 & 4 5 & 6 7 - 8	Hip Bumps, Sailor Steps, Step 1/2 Pivot Left. Bump hips left. Bump hips right. Take weight onto left. Cross right behind left. Step left to left side. Step right to right side. Cross left behind right. Step right to right side. Step left to left side. Step forward right. Pivot 1/2 turn left.	Bump Bump & Right Sailor Left Sailor Step Pivot	On the spot Turning left
Section 2 1 - 2 & 3 & 4 5 - 6 7 & 8	Step, Touch, Heel Jack, Step Forward, Step 1/2 Pivot Left, Right Shuffle. Step forward right. Touch left beside right. Step back left. Touch right heel forward. Step back right. Step forward onto left. Step forward right. Pivot 1/2 turn left. Step forward right. Close left beside right. Step forward right.	Forward. Touch. & Heel & Step Step Pivot Right Shuffle	Forward On the spot Turning left Forward
Section 3 1 - 2 & 3 & 4 5 - 6 7 & 8	Step, Touch, Heel Jack, Step Forward, Step 1/4 Pivot Right, Cross Shuffle. Step forward left. Touch right beside left. Step back right. Touch left heel forward. Step back left. Step forward onto right. Step forward left. Pivot 1/4 turn right. Cross left over right. Step right to right side. Cross left over right.	Forward. Touch. & Heel & Step Step Turn Cross Step Cross	Forward On the spot Turning right Right
Section 4 1 - 2 3 & 4 5 - 6 7 & 8	Side Right, 1/2 Turn, Corner Cross Rock, Side, Diagonal Step Hitch, Coaster. Step right to right side. Make 1/2 turn left, stepping left to left side. Looking to left hand corner cross rock right over left. Rock back onto left. Step right to right side looking at right hand corner. Step left diagonally forward towards right corner. Hitch right knee. Step back right. Step left beside right. Step forward right (square up to wall)	Side Turn Cross Rock Side Step Hitch Coaster Step	Turning left Left Right Forward On the spot
Section 5 1 - 2 3 - 4 Option:- 5 - 6 & 7 & 8	Step 1/2 Pivot, 1/4 Turn, Touch, Right Grapevine, Cross Touch, & Cross. Step forward left. Pivot 1/2 turn right. Make 1/4 turn right stepping left to left side. Touch right beside left. During steps 3-4 circle arms from above head clockwise around to left side. Step right to right side. Cross left behind right. Step right to right side. Touch left across right. Step left to left side. Cross step right over left.	Step Pivot Turn Touch Side Behind & Touch & Cross	Turning right Right Left
Section 6 & 1 & 2 & 3 4 5 & 6 7 & 8	1/4 Hitch Turns x 3, Kick, Left & Right 'Reverse' Sailor Steps. Hitch left knee making 1/4 turn right. Touch left out to left side. Hitch left knee making 1/4 turn right. Touch left out to left side. Hitch left knee making 1/4 turn right. Touch left out to left side. Kick left diagonally forward left. Cross left over right. Step right to right side. Step slightly back left. Cross right over left. Step left to left side. Step slightly back right.	Turn. Touch & Touch & Touch Kick Cross Side Back Cross Side Back	Turning right On the spot Back
Section 7 1 & 2 3 & 4	Left Coaster Step, Kick Right, Out Out. Step back left. Step right beside left. Step forward left. Kick right forward. Step right out to right. Step left out to left.	Coaster Step Kick Out Out	On the spot

INTERMEDIATE

4 Wall Line Dance:- 52 Counts. Intermediate.

Choreographed by:- Peter Metelnick (Can) April 2001.

Choreographed to:- 'They Danced' by Barry Manilow (start on verse vocals when beat kicks in) from Here At The Mayflower CD.