Cowgirls & Switches



approved 6

Steps	Actual Footwork	Calling Suggestion	DIRECTION	
Section 1	Side Behind Cross, x 2, Rolling Turn Right, Cross Rock, 1/4 Turn Left.			
1 - 2 &	Step right to right side. Step left behind right. Step right across front of left.	Right. Behind &	Right	
3 - 4 &	Step left to left side. Step right behind left. Step left across front of right.	Left. Behind &	Left	T
5-6	Step right 1/4 turn right. Make 1/4 turn right, stepping left to left side.	Turn. Right.	Turning right	NC N
&	Make 1/2 turn right, stepping right to right side.	&	i i i i i i i i i i i i i i i i i i i	
7 - 8	Lunge/rock left forward across right. Recover back onto right.	∝ Cross. Rock.	On the spot	K I
&	Step left 1/4 turn left.	Turn	Turning left	INTERMEDIATE
Section 2	Full Turn, Right Lock, 1/2 Turn Point, Cross Side Step,1 & 1/4 Turn Right.			IVE
1	Make 1/2 turn left, stepping back onto right.	Left	Turning left	
&	Make 1/2 turn left, stepping forward onto left.	&		
2 &	Step forward on right. Lock step left behind right.	Right. Lock.	Forward	
3 - 4	Step forward on right. Make 1/2 turn right and point left to left side.	Step. Turn.	Turning right	
5 - 6 &	Step left across right. Step right to right side. Step left beside right.	Cross. Side &	Right	
7 &	Step right across left. Make 1/4 turn right, stepping back onto left.	Cross. Turn.	Left	
8	Make 1/2 turn right, stepping forward onto right.	Right	Turning right	
&	Make 1/2 turn right, stepping back onto left.	&		
Section 3	Back Rock, 1/4 Turn Point, Back Rock, Skates x3, 1/2 Turn Right, Back Rock.			
1 &	Rock back onto right. Recover forward onto left.	Back. Rock.	On the spot	
2	Make 1/4 turn left stepping right to right side and point left to left side.	Turn Point	Turning left	
3 &	Cross rock left back behind right. Recover forward onto right.	Back. Rock.	On the spot	
4	Step left diagonally forward left.	Skate	Forward	
5 - 6	Skate right diagonally forward, Skate left diagonally forward.	Skate. Skate.		
7 &	Step right 1/4 turn right. Make 1/4 turn right, stepping left to left side.	Right. Turn.	Turning right	
8 &	Cross rock right back behind left. Recover forward onto left.	Back. Rock.	On the spot	
Section 4	3/4 Turn, Step, Full Turn, Step, 1/4 Pivot, Cross Full Turn, Back Rock.			
1	Make 1/4 turn left, stepping back onto right.	Turn	Turning left	
& 2	Make 1/2 turn left, stepping forward onto left. Step forward on right.	Left. Step.		
3	Make 1/2 turn right, stepping back onto left.	Turn	Turning right	
& 4	Make 1/2 turn right, stepping forward onto right. Step forward left.	Right. Step.		
5 &	Step forward right. Pivot 1/4 turn left.	Step. Turn.	Turning left	
6 &	Step right across front of left. Make 1/4 right, stepping back onto left.	Cross. Turn.	Left	
7	Make 1/2 turn right, stepping forward onto right.	Right	Turning right	
&	Make 1/4 turn right, stepping left to left side.	&		
8 &	Rock right back behind left. Recover forward onto left.	Back. Rock.	On the spot	

4 Wall Line Dance:- 32 Counts. Intermediate Level.

Choreographed by:- Scott Blevins (USA) Jan 2002.

Choreographed to:- 'Cowboys & Kisses' by Anastacia (84 bpm) from Not That Kind CD (48 count intro).