

Soul Sister



Sī	TEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Sect	tion 1	Side, Syncopated Cross, Knee Lift, Sailor Step Cross, 3/4 Turn Twist, Coaster		
1	- 2	Step left foot to left side. Cross rock right foot over left.	Side Cross	Left
8	k 3	Recover weight onto left. Lift right knee into figure 4.	& Knee	On the spot
4	&	Step right foot behind left. Step left foot to left.	Behind &	
5	- 6	Step right in place. Step left foot across right foot.	Step Cross	
	7	Twist turn 3/4 right ending with right in front of left. (weight on left)	Turn	Turning Right
8	& 1	Step right foot back. Step left beside right. Step right foot forward.	Coaster	On the spot
Sect	tion 2	1/4 Right, Rock, Back 1/2 Pivot Right, Walk Walk ,Right Mambo, Side Together.		
	2	Turning 1/4 right rock left foot forward.	Turn	Turning Right
3	- 4	Recover weight onto right foot. Step left back into 1/2 pivot right.	Step Turn	
8	k 5	Step right forward. Step left forward.	& Step	Forward
6	& 7	Step right to right. Step left in place. Step right beside left.	Side & Together	On the Spot
8	8 &	Step left to left side. Step right beside left.	Step Together	Left
Sect	tion 3	1/4 Turn Rock Toe Tap, & 1/4 Turn Right into Chasse, Rock Ronde, Coaster Step.		
1	- 2	Turning 1/4 left step forward left. Rock right forward.	Turn Rock	Turning left
8	k 3	Tap left toe behind right foot. Recover weight to left turning 1/4 right.	Tap Turn	Turning Right
4	& 5	Step right to right. Step left beside right. Step right to right.	Side Close Side	Right
6	- 7	Rock left forward. Recover weight to right and ronde left foot 1/2 left.	Rock 1/2 Sweep	Turning Left
8	& 1	Step left back. Step right beside left. Step left forward.	Coaster Step	On the spot
Sect	tion 4	Rock Recover, 1/4 Turn, Syncopated Side Rock, Back Recover, Side Together.		
2	- 3	Rock right foot forward. Recover weight onto left foot.	Rock Recover	On the spot
	4	Turning body 1/4 right step right to right side.	Turn	Turning Right
8	k 5	Step left in place. Step right beside left.	& Step	On the spot
6	- 7	Rock left foot back. Recover weight onto right foot.	Back Recover	
8	8 &	Step left foot to left side. Step right beside left.	Step Together	Left

4 Wall Line Dance: - 32 Counts. Intermediate Level.

Choreographed by:- A.T. Kinson (USA).

Choreographed to:- 'Lady Marmalade' by All Saints from 'All Saints' album.

Music suggestions:- Any medium temp cha cha.