Swinglish

 Kate Sala

	S <i>tep</i> s	Actual Footwork	Calling Suggestion	DIRECTION
	Section 1	Mambo Forward, Mambo Back, Mambo Right, Mambo Left.		
TE	1 & 2	Rock forward on right. Rock back onto left. Step right beside left.	Forward & Together	Forward
X	3 & 4	Rock back on left. Rock forward onto right. Step left beside right.	Back & Together	Back
IEI	5&6	Rock right to right side. Rock onto left in place. Step right beside left.	Right & Together	Right
ERN	7 & 8	Rock left to left side. Rock onto right in place. Step left beside right.	Left & Together	Left
INTERMEDIATE	Section 2	Right Lock Step, Left Lock Step, Step 1/2 Pivot, 1/4 Turn, Weave, Touch.		
	1 & 2	Step forward right. Lock left behind right. Step forward right.	Right Lock Step	Forward
	3 & 4	Step forward left. Lock right behind left. Step forward left.	Left Lock Step	
	5 &	Step forward right. Pivot 1/2 turn left.	Step Pivot	Turning left
	6	Make 1/4 turn left stepping right to right side.	Turn	
	& 7	Cross left behind right. Step right to right side.	Behind. Side.	Right
	& 8	Cross left over right. Touch right to right side.	Cross. Touch.	
1	Section 3	Cross Shuffle, 1/4 Turn Left, Side Step, Left Lock Step, Cross, Back.		
	1 & 2	Cross right over left. Step left to left side. Cross right over left.	Cross Step Cross	Left
	3 - 4	Make 1/4 turn left stepping left to left side. Step right to right side.	Turn. Side.	Turning left
	5 & 6	Step forward left. Lock right behind left. Step forward left.	Left Lock Step	Forward
	7 - 8	Cross right over left. Step back left.	Cross. Back.	Back
	Section 4	Chasse Right, Cross Rock, Rolling Full Turn Left, Cross, Side.		
	1 & 2	Step right to right side. Close left beside right. Step right to right side.	Side Close Side	Right
	3 - 4	Cross rock left over right. Rock back onto right.	Cross. Rock.	On the spot
	5&6	Triple step a full rolling turn left, stepping - Left, Right, Left.	Left Full Turn	Turning left
	7 - 8	Cross right over left. Step left to left side.	Cross. Side.	Left
	Section 5	Scissor Step, 1/4 Turn Right, Touch, Extended Lock Step, 1/2 Pivot.		
	1 & 2	Step right to right side. Close left beside right. Cross right over left.	Side Together Cross	Right
	3 - 4	Make 1/4 turn right stepping back onto left. Touch right toe in front of left.	Turn. Touch.	Turning right
	5 & 6	Step forward right. Lock left behind right. Step forward right.	Right Lock Step	Forward
	& 7 - 8	Lock left behind right. Step forward right. Pivot 1/2 turn left.	Lock Step Pivot	Turning left

4 Wall Line Dance:- 40 Counts. Intermediate Level.

Script approved by Kate Sala.

Choreographed by:- Kate Sala (UK) Arthur Furrer (CH), Feb 2002.

Choreographed to:- 'Mi Vida Loca (My Crazy Life)' by Pam Tillis (182 bpm) from Pam Tillis Greatest Hits album (32 count intro).

Music Suggestion:- Singalongsong by Tim Tim (92 bpm) from Baila Baila CD (32 count intro).